

SUMMER BERRY & LEMON CURD SEMIFREDDO

A fruity coulis and zesty lemon curd ripple through this semifreddo, creating the ultimate taste of summer. This soft set Italian dessert lends itself perfectly as an alfresco sweet in the evening sun. Freeze until ready to serve then slice and sprinkle with a pistachio and shortbread crumb.

Prep time 50 minutes | Cook time 20 minutes plus 8 hours freezing | Serves 6-8

300g fresh or frozen summer berries (a mix of strawberries, raspberries, blackcurrants, red currants and black berries works well)

150g good quality lemon curd 1 tablespoon limoncello (optional)

50g caster sugar

3 Large Clarence Court Burford Brown eggs, separated

Zest of 2 unwaxed lemons

400ml double cream

 $50g\ shelled\ unsalted,\ pistachios\ (blanched\ if\ you\ can$

find them)

50g good quality shortbread biscuit

Line a 2lb loaf tin with a long strip of greaseproof paper that lines the base and goes up the shorter sides of the tin to leave overhang, this makes it a lot easier to remove or you can fully line the tin with cling film. Then place the tin in the freezer to chill.

Place 150g of the berries into a small saucepan. Simmer on a low heat for around 20 minutes until the fruit has broken down, strain through a sieve into a bowl and allow to cool. Meanwhile, mix the lemon curd with the limoncello (if using) and place to one side.

Place the egg yolks and sugar in a large mixing bowl and whisk until pale then stir in the lemon zest. In a separate bowl whisk the cream to soft peaks. Then in another bowl whisk the egg whites to stiff peaks. Carefully fold with cream and egg whites into the egg yolk mixture using a large metal spoon.

Remove the tin from the freezer. Spoon half of the semifreddo mixture into the lined tin, ripple in half of the blitzed berry mixture and scatter in some whole berries, then spoon over the lemon curd mixture. Spoon over the remaining semifreddo mixture and ripple in the remaining berry mixture. Reserve the remaining whole berries for serving. Place the semifreddo in the freezer uncovered for 4 hours, then cover and freeze for at least another 4 hours or over-night.

When you're nearly ready to serve, remove the semifreddo from the freezer and place in the fridge for 20 minutes. In a food processor blitz the shortbread and pistachios together to make a crumb. Turn the semifreddo out onto a serving plate or board and scatter over crumb. Slice and serve with the remaining fruit.



